

April 2015 Issue

# NO BOUNDARIES FOR US



A DougBardwell.com Publication

Travel, tech, events, fashion & food

Hello readers,

We've renamed and reformatted the **DougBardwell.com** newsletter to appeal to a more diverse audience. While our main focus is still the active senior, we know that they have families of all ages, so we are trying our best to cover topics of interest to all.

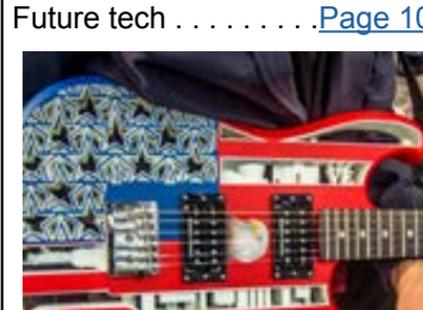
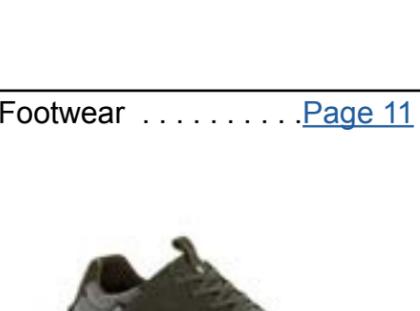
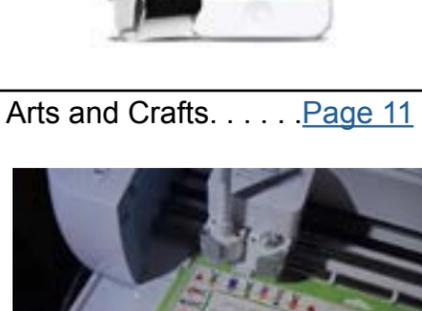
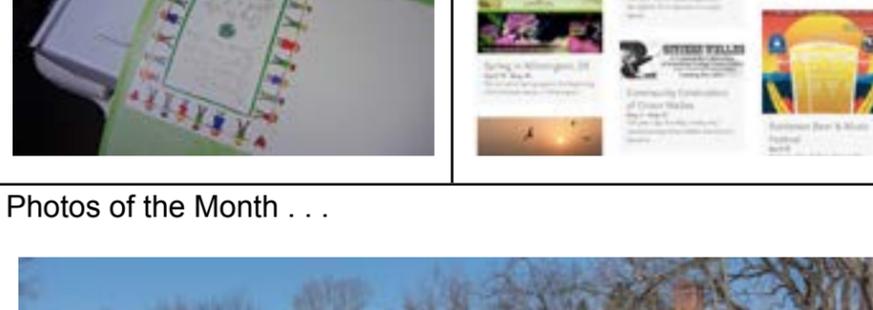
In this, our inaugural issue of **No Boundaries For Us**, we'll continue bringing you all the content we've written for our blog, Examiner.com, CBS News and other publications. We'll also include articles from others that we feel you might find interesting.

Next month we'll be accepting pics for our [Photos of the Month page](#), and we'd love you to submit a favorite of yours. We'll publish the best images received each month.

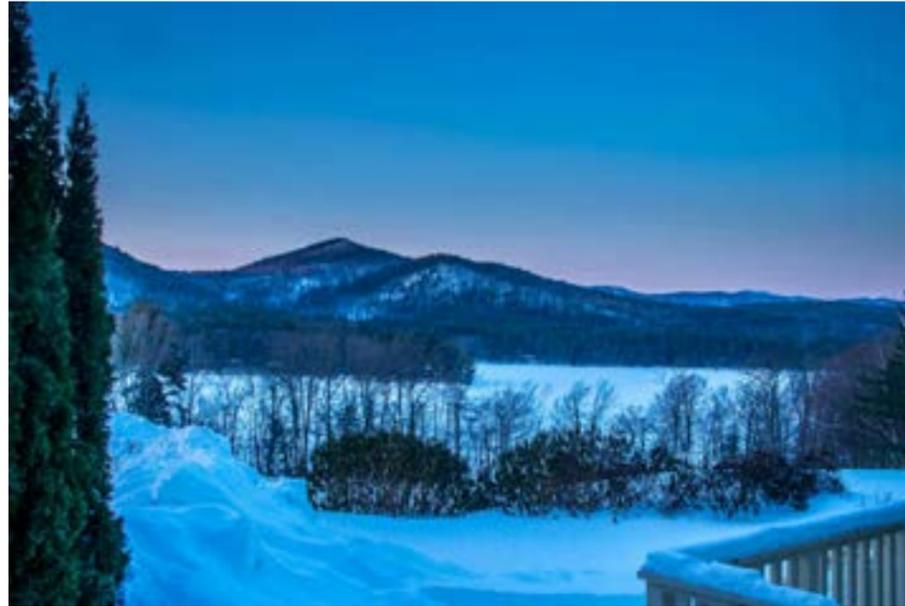
Hope you enjoy this issue and feel free to share it with your friends.

Doug Bardwell - Editor

# In This Issue:

Travel destinations. . . . <a href="#">Page 4</a> 	Gadgets for travel. . . . <a href="#">Page 6</a> 	Outdoor recreation . . . <a href="#">Page 8</a> 
Gadgets for the office. <a href="#">Page 9</a> 	Fitness . . . . . <a href="#">Page 10</a> 	Future tech . . . . . <a href="#">Page 10</a> 
Footwear . . . . . <a href="#">Page 11</a> 	Arts and Crafts. . . . <a href="#">Page 11</a> 	Calendar of Events . . . Page 12 
Kickstarter . . . . . Page 13 	Photos of the Month . . . 	

# TRAVEL DESTINATIONS



## The Manor on Golden Pond

If you ever wished to live like an oil baron, or perhaps a turn of the century real-estate developer, you might try spending a few days at the Manor on Golden Pond in Holderness, New Hampshire. The Manor was actually built by Isaac Van Horn, a real estate developer, in 1907. He and his beautiful debutante bride loved Shepard Hill and the vistas overlooking Squam Lake.

Over the years, the estate passed through many hands, once becoming home to Howard Fowler, Life Magazine's photography editor who ran the Holderness Photographic Colony here during the 1940's and 50's. It was finally purchased in 1999 by Mary Ellen & Brian Shields, completing a 20+ year-old dream of theirs.

The inn now attracts people from all over, who love nature, fishing, skiing, hiking and just relaxing with a fabulous view of the lake. In warmer weather, guests can enjoy biking, croquet, horseshoes and tennis. A swimming pool is open from June through early September.

As we arrived, we couldn't help but be impressed with the wood beams and fabulous woodwork throughout the interior of the Manor. Brick and plaster ..... [continue reading](#)



## Grafton, Vermont

For such a small quaint village, there is an abundance of things to see and do in Grafton. If you are staying at the Grafton Inn or one of the ..... [continue reading](#)



## The Chesterfield Inn

If it's a peaceful getaway you seek, along with some fine dining and friendly innkeepers .. [continue reading](#)



## Music City Loft - Nashville

Living like a local has a great ring to it, doesn't it? Immediately, thoughts come to mind of being in the center of the action, being close to the city's vibe, being a part of all the things that make that city attractive. So when offered the opportunity to try out Nashville's newest digs, I jumped at the chance.

Music City Loft, at 162 E. 4th Street N. is truly in the center of what's happening in downtown Nashville. You're just minutes away from Printer's Alley and all the great restaurants on 2nd Avenue N. Another block and you are down on the riverfront. Head the other direction one block and you're at the Ryman Auditorium.

Entering the Music City Loft, you actually enter into a former office.....[continue reading](#)



## Grafton Inn, Vermont

In 1801, the original Grafton Inn was a two-story home which was converted to provide food and accommodations for a traveling public. By 1820, it doubled in size and in 1886 the third floor and porches were added. By then, the stagecoach was making runs every other day to and from Bellows Falls, VT. The town was vibrant and alive.

As the twentieth century saw a rise in popularity of motels and hotels serving the motoring public, the inn lost favor with travelers, changing owners frequently. By the early 1960's, the inn was.....[continue reading](#)



## How congested is your city?

Congested? TomTom thinks you are..... [continue reading](#)

# Gadgets for Travel



[SPINE Sunglasses](#)



[Top travel mouse - the Swiftpoint GT](#)



[Justin 2,000mAh PowerBank fit in any pocket](#)



[Justin 6,000mAh PowerBank w/ built-in stand](#)



[Mountie attaches your phone to your laptop](#)



[Crazy good earbuds from Pump Audio](#)



[Ventev 6,000mAh battery pack with fold-out 110v plug](#)

[GoFor2+ - a USB hub and SD card reader for your phone or tablet](#)



[Weigh It luggage scale](#)

# Outdoor Recreation



DPower camping/backpacking stove folds so compactly and weighs almost nothing

Escalade cot - the most comfortable cot I ever slept on by Alps Mountaineering



Wüsthof gourmet travelers cutlery set is *THE* set to pack for your next camping adventure



Big Agnes Tensleep Station can be configured in so many ways - super versatile

# Gadgets for the Office



PowerGenius rotating outlet power center lets you connect all your power adapters at once - plus power 2 USB devices as well



Dig out those analog speakers and hook them up to the new Griffin Twenty Bluetooth Amplifier



Inateck 7 Port USB 3.0 HUB gives maximum transfer speeds to your USB 3.0 devices

# Fitness



[Get accurate heart rate monitoring with a comfortable to wear wrist band from PulseOn](#)



[Pick an on-line trainer and workout when your schedule permits using your mobile device with Fitnet](#)

# Future Tech

While attending the Consumer Electronics Show this year, I was blown away with the advances in 3D printing. In previous years, it seemed to have potential, but maybe some years away yet. I was so wrong. In just 12 months from last year's show, the technology has exploded and is now touching every industry group.

Architects have been working with 3D modeling on computers for years, but are now actually creating building materials on 3D machines. Fashion designers are creating unbelievable dresses, shoes and jewelry in 3D. Even bakers can get in on the act, creating edible treats

that defy imagination from sugar.

## Shapify Me

My first live experience with the technology came when I met Leonid Volkov of Artec 3D. They manufacture both hand-held scanners (called EVA) and Shapify Booths (for full body scans in just seconds.)

Eva was the first 3D scanner ever used to create an official bust of a sitting president. Volkov explains that President Obama was delighted to have this technology used in place of the former plaster masks which had been used for all previous presidents. . . . . [continue reading](#)



# Footwear



[Cushe Getaways for all day comfort](#)

[Muck Peak Hardcore Boots laugh at cold, wet weather](#)

# Arts & Crafts

## Cricut Explore Air



Entering the world of Arts & Crafts can be a little intimidating if you don't have inherent artistic skills. You say you can't draw. You say you can't even cut a straight line. No worries, there's a new best friend you need to meet, and his name is Cricut. . . . . [continue reading](#)

# Calendar of Events

... as if you needed a reason to get up and get outside

Begins	Ends	Where	What	Read more about it:
2/10/2015	4/30/2015	Springfield, IL	Lincoln Presidential Library & Museum 10th Anniversary	<a href="http://dbhas.info/1uCkcdy">http://dbhas.info/1uCkcdy</a>
4/4/2015	5/17/2015	Springfield, IL	Spring Festivals and Special Events in Springfield, IL	<a href="http://dbhas.info/1EQHBB8">http://dbhas.info/1EQHBB8</a>
4/17/2015	4/26/2015	Key West, FL	Conch Republic - 33rd Anniversary	<a href="http://dbhas.info/1AHVDJH">http://dbhas.info/1AHVDJH</a>
4/19/2015	5/30/2015	Wilmington, DE	Spring in Wilmington, DE	<a href="http://dbhas.info/16QIVRh">http://dbhas.info/16QIVRh</a>
4/25/2015	4/25/2015	Harrisonburg, VA	Rocktown Beer & Music Festival	<a href="http://dbhas.info/1A14V7q">http://dbhas.info/1A14V7q</a>
5/1/2015	5/31/2015	Kenosha, WI	Community Celebration of Orson Welles	<a href="http://dbhas.info/15tFuPy">http://dbhas.info/15tFuPy</a>
5/8/2015	5/17/2015	Oregon, OH	Biggest Week in American Birding	<a href="http://dbhas.info/1DWPiR3">http://dbhas.info/1DWPiR3</a>
5/13/2015	5/17/2015	Southern Delaware	Mid-Atlantic Wine and Food Fest	<a href="http://dbhas.info/1BY99gg">http://dbhas.info/1BY99gg</a>
6/20/2015	6/20/2015	Cleveland, OH	Larchmere PorchFest	<a href="http://dbhas.info/1xTWaFW">http://dbhas.info/1xTWaFW</a>
7/2/2015	9/6/2015	Cuyahoga Falls, OH	Cleveland Orchestra at Blossom Music Center	<a href="http://dbhas.info/1Aaz3yl">http://dbhas.info/1Aaz3yl</a>
7/4/2015	7/4/2015	Harrisonburg, VA	Valley Fourth	<a href="http://dbhas.info/1xJDjkN">http://dbhas.info/1xJDjkN</a>
7/19/2015	7/25/2015	State of Iowa	Registers Annual Great Bike Race Across Iowa	<a href="http://dbhas.info/1Cg0X9U">http://dbhas.info/1Cg0X9U</a>
8/6/2015	8/8/2015	Newburyport, MA	SoulFest at Gunstock Mountain Resort	<a href="http://dbhas.info/1bgJfe2">http://dbhas.info/1bgJfe2</a>
9/5/2015	9/7/2015	Cleveland, OH	Cleveland National Air Show	<a href="http://dbhas.info/1KGBIXD">http://dbhas.info/1KGBIXD</a>
9/11/2015	9/13/2015	Nicholson, PA	Nicholson Bridge 100th Anniversary	<a href="http://dbhas.info/1zJqPex">http://dbhas.info/1zJqPex</a>
9/13/2015	9/13/2015	Carmel, IN	PorchFest 2015	<a href="http://dbhas.info/15tyvGn">http://dbhas.info/15tyvGn</a>
9/30/2015	9/30/2015	Harrisonburg, VA	Harrisonburg International Festival	<a href="http://dbhas.info/1xJFtkl">http://dbhas.info/1xJFtkl</a>

## Kickstarters with potential



Remix - an Android phone dock on steroids  
1080P, 5200mAh Power Bank and 24-Bit High Performance DAC. Ability use HDMI, Audio, and USB ports all at the same time while charging.



iSotto - a frame to show off your iPad  
Our patent pending design creates a fantastic visual to showcase memories using ANY GENERATION IPAD, OLD OR NEW.



Advicy - Drive-World's first wearable drowsy driving detector  
With a continuous HeartRate Monitor, Advicy Drive detects drowsy driving and fatigue to prevent people from falling asleep at the wheel.



Jackie - An indoor flying security cam for your peace of mind  
Jackie is a flying smartcamera to view anything in your home from your phone. What does Jackie see? Open your phone and find out!

# Photos of the month

A place to share photos of YOUR favorite destinations, pets, emotions, flowers, weather, whatever. If you think other readers would enjoy seeing it, send it in to [POTM@dougwardwell.com](mailto:POTM@dougwardwell.com) and we'll feature the best here each month.

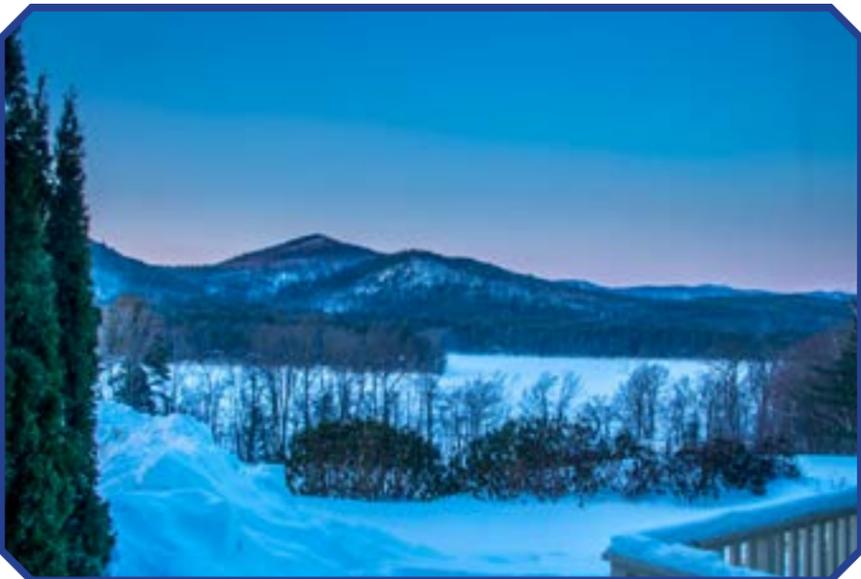


Ice fishing cabin in Meredith, New Hampshire



Deerfield, Massachussets

Now that winter's gone, can we appreciate some pictures of snow?



Sunset in Holderness, NH



Kennebunkport, ME



Snow slide in Grafton, VT

# That's all Folks!

Hope you enjoyed the new format and we'd love to hear some feedback. We really want this to be something you look forward to each month, so please let us know what we can do to improve.

Send comments to [NB4U@dougbardwell.com](mailto:NB4U@dougbardwell.com)

If you can't wait for the next issue (???) you can find more of our travel, reviews and general ramblings here:

Our Blog	<a href="http://DougBardwell.com">DougBardwell.com</a>
Twitter	<a href="http://twitter.com/photodb">http://twitter.com/photodb</a>
Facebook	<a href="https://www.facebook.com/bardwellwrites">https://www.facebook.com/bardwellwrites</a>
Google Plus	<a href="http://dbhas.info/DBgplus">http://dbhas.info/DBgplus</a>

This first issue is being sent to a wide audience; but, you'll ONLY get the next issue if you are a subscriber. It only takes a second and you're protected by our:



Don't miss a single issue!

